

Clifton Primary School  
Clifton  
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Cumbria  
CA10 2EG  
Executive Headteacher – Mr Nick Page  
Joint Heads of School – Mrs Nikki Brabant & Miss Tasha Cou tts

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28<sup>th</sup> February 2025

In our continued efforts to provide the children with high quality and varied PE the children in Deer Class have this week started their half term of Gymnastics at Penrith Leisure Centre. They were able to develop their skills using a range of specialised equipment with support from experienced gymnastics teachers.



### World Book Day



Next Thursday is World Book Day when we will be celebrating the wonderful world of books and all the amazing places they can take us on.

Hedgehog Class will be spending the day with Paddington Bear so please could they bring a hat into school under which they can hide their marmalade sandwiches. At 2.30 we welcome all parents of Hedgehog children into school for some refreshments and to share some stories with the children.

The children in Deer and Fox Classes will be going on some Greek and Egyptian adventures and at 2.30 we would welcome any parents to come to our 'Book Café' when they can explore a range of books with their children whilst enjoying some tea and cake.

Children in Deer and Fox classes can also bring in a book that they know well but have it wrapped up so that their classmates have to guess the book from a range of clues.

### Lunches

A reminder that due to unexpected circumstances we request that all children bring in a packed lunch on Thursday 6<sup>th</sup> March and Friday 14<sup>th</sup> March. No nuts, fizzy drinks or sweets. Thankyou for your support in this matter.



### **Friday 21<sup>st</sup> March**

Children can wear something red and donations of £1.00 are welcome to support this worthy cause.

Thankyou!

### **After School Club Pick-Up - A Quick Update from Mr Page**

To help us ensure a smooth and safe end to After-School Club, we kindly ask that families collect their children at the door rather than coming into the school building. This helps us to make sure the children leave safely and enables our staff to keep focused on supervising the children. We hope you understand this small change and thank you for your support in making pick-up quick and safe for everyone.

### **Trips and Visits**

As we look forward to the Spring and some ( hopefully) better weather we are busy planning for a range of trips and visits to enhance the children's learning – including Adventure Week.

Our first visits will be during Science Week. Hedgehog Class will visit Walby Farm Park on Wednesday 12<sup>th</sup> March to support their learning about farming and Deer and Fox Classes will visit the Life Centre in Newcastle on Friday 14<sup>th</sup> March. Letters have been sent home about these trips.

### **Year 6 Homework Club**

In the build up to SATs week in May Miss Simpson and Mrs Davies are holding a Homework Club on Thursdays after half term They will run until 4.30 and are a great way for children to prepare for their assessments. Please speak to Miss Simpson if you have any questions.

### **Decider Skills**

This week Miss Coutts introduced the children to the ' Self Care' Decider Skill.

Looking after ourselves is our own responsibility. We need to work at keeping ourselves healthy, improving our health and treating illness if we become unwell. When we are very young, our parents or carers look after us. As we get older and more independent, the responsibility for SELF care is up to us; no one else should be expected to do it for us.

SELF care reminds us what we need to do regularly to keep our minds and bodies healthy. SELF care skill strengthens us and helps us to cope with life's challenges. Just like a battery, we need to keep ourselves charged up by doing activities which energise us.

- **S**leep
- **E**ating & Exercise
- **L**ook at: illness, challenges (exams, life events)
- **F**ind Fun everyday – something that gives you a sense of achievement, ability and enjoyment.

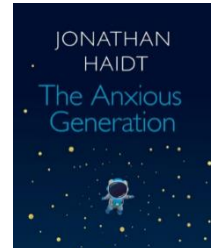
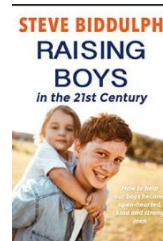
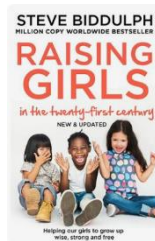
Making a plan each day and writing it down helps to ensure that we have a balance of work, rest and play and that we are using SELF care skill. Use the weekly planner to help you.



Up to now they have learned about STOPP, It Will Pass, 'Right Now,' Name the Emotion, Opposite Action and 'Fact or Opinion'  
Remember they might also mention 'feeling the fizz' which is a way of recognising that our emotions are having a physical effect on our bodies. The Decider Skills help us develop strategies to use when we feel the fizz.  
We will hold a meeting for parents later in the term so we can share the skills with you in more detail.



We have added some more books to the selection on display in the entrance hall. Please feel free to borrow them.



**PE LESSONS** next half term are as follows.....

**Hedgehog Class – Monday and Friday**

**Fox Class – Friday**

**Deer Class – Tuesday & Friday**

**The children in Deer Class will be having**

**gymnastics at the Leisure Centre on Tuesday afternoons for the next half term.**

**Please can children come to school in their PE kits on these days. Please send PE kits in to keep on the pegs for Hedgehogs as changing time is a good opportunity to develop independence skills**

**PLEASE ENSURE ALL HEDGEHOG CHILDREN HAVE THEIR PE KITS IN SCHOOL FOR USE ON MONDAYS AND FRIDAYS.**

## Outdoor Learning

This half term it will be Fox Class and Hedgehog Class who do Outdoor Learning on Wednesday afternoons.

5<sup>th</sup> March - Fox Class

**Thursday 13<sup>th</sup> March** - Hedgehog Class ( change to original date)

19<sup>th</sup> March - Fox Class

26<sup>th</sup> March - Hedgehog Class

w/b 31 March (date tbc) - Fox Class

Please send a complete set of suitable clothing and, now the wetter weather is here, **wellies** and ensure all items are labelled with your child's name.

**Please be aware that shorts are not acceptable clothing for Outdoor Learning. The children are outside for a long period of time and the weather can be wet and cold. It can also be a health and safety risk when children are around fires and in nature with nettles/brambles etc.**

On Wednesday afternoon we were treated to great weather to get out into the woods. We had discussed previous learning and agreed that animals need food water and shelter/ a home. So off we set to build our toy dinosaurs the perfect home in the woods. Everyone was super involved and very creative. The dinosaurs were very well catered for, with a whole variety of homes; large, small, muddy and nest-like, and each one had food and water. Happy dinosaurs, happy children. (Mrs Davies)



## Spring Term Clubs



Miss Wilson will be lead Choir club on a Tuesday lunchtime.

Sewing Club with Mrs Roberts on Fridays – there is a £4 charge to cover costs. It is open to children from Year 2-6.

Art Club – there will be a lunchtime art club lead by Mrs Brabant and Harvey (children who wish to attend have expressed an interest)

Running Club ( for all age groups) is on Thursday. Children will need a spare pair of trainers that can get muddy.



It was a lovely sunny day for Running Club this week and it was great to hear the children say how much they enjoyed the running games.



## Dates for the Diary

Thursday 6<sup>th</sup> March – World Book Day  
Friday 7<sup>th</sup> March – Girls Football @ QEGS  
W/B 10<sup>th</sup> March – Science Week  
Wednesday 12<sup>th</sup> March – Hedgehogs visit to Walby

Farm Park

Friday 14<sup>th</sup> March – Y2-6 Life Centre visit

18<sup>th</sup> & 19<sup>th</sup> March – Parent's Evenings

21<sup>st</sup> March – Red Nose Day

27<sup>th</sup> March – Year 5/6 Orienteering

27<sup>th</sup> March – PTA meeting

Wednesday 2<sup>nd</sup> April – End of term Spring Celebration in church @ 2.00pm

Thursday 3<sup>rd</sup> April – PTA Easter Bingo @ 6.00pm

Friday 4<sup>th</sup> April – End of Spring Term



**CLIFTON PRIMARY SCHOOL**

**STAY & PLAY!**  
EXPLORE - PLAY - ENJOY

FORTNIGHTLY ON WEDNESDAYS  
2PM-3PM

Upcoming dates: Wednesday 5<sup>th</sup> March, Wednesday 19<sup>th</sup> March,  
Thursday 3<sup>rd</sup> April (Change of day due to School celebration)

CHILDREN AGE 0-4 WELCOME  
SNACK, JUICE AND A WARM DRINK FOR GROWN-UPS PROVIDED  
CONTACT: CHARLOTTE WILSON  
c.wilson@clifton.cumbria.sch.uk

## Looking Ahead

w/b 12<sup>th</sup> May – Year 6 SATs week

Tuesday 20<sup>th</sup> May – Sports Day @ 1.00pm

Thursday 22 May – Sleepover for Rec, Y1 & Y2

Friday 23 May – Beacon walk and cinema for Rec, Y1 & 2

2-9 July – Adventure Week

Wednesday 16<sup>th</sup> July – Year 6 Leaver's Celebration

Friday 18<sup>th</sup> July – Talent Show & end of term

Separate letters are sent for all sporting events and trips

## Job Vacancies

We are currently looking for a Clerk to Governors to join our school team (1.5hrs per week).

If interested, you can find further information about the role on our school website or please feel free to pop in the school office to discuss the role further.

[Clifton Primary School & Hedgehogs Nursery - Vacancies](#)

## TERM DATES FOR THE YEAR AHEAD

School term and half term dates for 2024/2025

Term	Start of term	Half term	End of term
Spring	Tuesday 7 January 2025	Monday 17 February to Friday 21 February 2025	Friday 4 April 2025
Summer	Tuesday 22 April 2025	Monday 26 May to Friday 30 May 2025	Friday 18 July 2025

Remember you can keep up to date with events and photos on our Friends of Clifton Primary School Facebook page so please join if you have not already.

If you have any questions or feedback, please do not hesitate to contact us.

Nikki Brabant, Tasha Coutts & the Clifton Team