

Clifton Primary School
 Clifton
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 Cumbria
 CA10 2EG
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16th May 2025

Next week is a nationwide Walk to School week and whilst we would encourage families to do this whenever it is practical anyway we are not officially taking part in this campaign. Instead we are going to focus in the Feet First Challenge later in June.



A very BIG well done to all our amazing Year 6 children who have shown such a calm and resilient attitude towards this week's SATs. Each and every one of them gave their very best efforts and supported each other in true Clifton style. The arrival of their Leaver's Hoodies and an ice cream at Abbott Lodge were well deserved treats to end their week of hard work!

SPORTS DAY

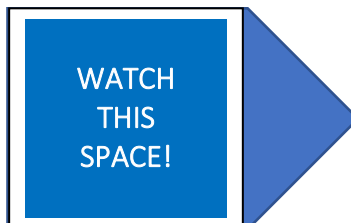
Next Tuesday is Sports Day. Guests are welcome to spectate on the Village Playpark at 1.00pm. Children should come to school in their PE kit with a t- shirt in their team colour (see below). We have some plain coloured t-shirts in school so please let us know if you need one. We expect it to be a hot day so please ensure children that children have a sun hat/cap, water bottle and that sun cream has been applied before school.

Blencathra	Cross Fell	Helvellyn	Skiddaw
Rosie (N)	Elwood (N)	Cooper (N)	Amelia (N)
Itai(N)	Romea(N)	Jason (N)	Sadie (N)
Natalia	Caleb (N)	Freddie C	Finn
Stan	Lilly A	Mya	Halle
Leo	Seb	Francesca	Arthur
Freddie	Vinnie	Nola	Lena
Zara	Maya	Cora	Willow
Natalie	Max H	Olivia R	Emelia D
Louis	Ellie	Caleb	Harry
Klara	Mia	Ava	Charlie M
Zak	Nanzi	Bodhi	Isla
Emily	Thomas	Jamie	Teddy
Tilda	Freddie F	Bradley	April
Olivia S	Ronnie	Rory	George
Ruby	Olivia T	Kiera	Chester
Max	Lucas	Charlie K	Charlie C
Lilly G	Aleksandra	Gabriella	Sophie
Jack W	Ethan H	Freddie K	Oliver N
Nicky	Bheki	Harvey	Luke

Sponsored Walk

June 3rd is the date of our annual Sponsored Walk and this year we hope to make it an even bigger success as we aim to raise funds towards our new outdoor classroom. We were lucky enough to time our purchase to make the most of some fairly good discounts so it will not cost nearly as much as the £10,000 we had initially anticipated. Attached is a sponsored walk letter and sponsor form- please share it far and wide so we can raise a significant amount towards the cost of our exciting new learning space.

Yesterday SKANSKA staff started preparing the area for the new building which will be arriving in early June.



Some Reminders

We are all enjoying this long and very welcome spell of gorgeous weather but it also brings with it the need for some additional precautions. Please remember to send in a clean water bottles each day so that children can keep hydrated. Sun hats or caps should also be brought to school and sun cream applied in the morning. Children should not be sharing sun cream in school as some have had reactions to specific brands. Open toed sandals and crocs are also not safe when running around in the playground so please ensure children wear appropriate shoes and uniform.

Adventure Week

We have just had confirmation of the Year 5/6 activities so will send home more information very soon. Thank you for the offers of help we have had so far. As you will know we greatly rely on the support of parents and grandparents to accompany us on these exciting days out. Please do get in touch if you can help especially with the Hedgehog Class trips, Year 2 activities and the fell walks.

These are the days we will need help for each class / year group but please feel free to offer for others that may take your fancy.

Hedgehog Class – Wed 2nd July (seaside trip), Fri 4th July (Acorn Bank), Mon 7th July (Pirate Adventure on Ullswater steamer), Tues 8th July (Lowther Castle).

Year 5/6 Fell Walk – Thurs 12th June

Year 2,3 & 4 Fell Walk – Thurs 26th June

Year 2 – Wed 9th July (Mini Tree Trek) & Thurs 10th July (ghyll scrambling & canoe treasure hunt)

Year 5/6 – Kayaking and lakeside activities (8th July) Raft building and tree top activities (14th July)

Year 3/4 – Residential Sleepover 9-10 July (no additional helpers needed)



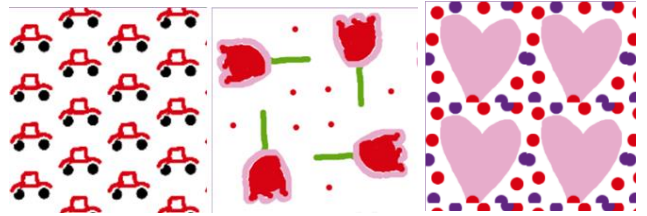
Dodgeball

On Friday morning Year 5/6 were fortunate to benefit from some coaching from Ben in preparation for the regional Dodgeball final in June. They worked on complex strategies, working collaboratively and collective game plans.

Bright Stars

The wrapping paper has arrived and Fox Class will be selling it next week to raise money for Down Right Worthy (Down Syndrome charity) and playground equipment that the children will decide upon themselves.

They have been very busy today making gift tags and posters and packaging the wrapping paper up ready for selling next week! Lord Sugar had better watch out in a few year's time! Max (pictured with his winning logo design) has already managed a few sales to Miss Wilson and Anthea!



Decider Skills.

This week Mrs Brabant shared the Decider Skill 'Crystal Clear' with the children in assembly. Up to now the children have learned about STOPP, It Will Pass, 'Right Now,' Name the Emotion, Opposite Action, 'Fact or Opinion,' Self Care, Values, Listen and Respect.



'Crystal CLEAR' skill is a way to help us to get our message across clearly



This skill is useful when we want to express ourselves in a clear and effective way. If we want to be listened to and understood, we need to communicate clearly, rather than giving hints or mixed messages in the hope that others will guess the hidden meanings. People are not mind readers after all! We need to get to the point!

Crystals have many facets which remind us to look at the situation from different angles first and then prepare ourselves so that we can explain clearly. This also applies to saying 'No' because many of us find it so hard to do. If we say 'Yes' when we really mean 'No' it can lead to problems later on.

The acronym Crystal CLEAR reminds us to communicate in a respectful way so that there can be no mistake on either part.

- **C**oncise – a short summary of the situation
- **L**ucid and Logical – making sense
- **E**motion free Expression of feelings and opinions (without blaming)
- **A**ssertive (and offering Alternatives)
- **R**epeat if necessary

They might also mention 'feeling the fizz' which is a way of recognising that our emotions are having a physical effect on our bodies. The Decider Skills help us develop strategies to use when we feel the fizz.

We will hold a meeting for parents later in the term so we can share the skills with you in more detail.



PTA NEWS

BAGS 2 SCHOOLS collection – clothes, shoes, bags, belts and accessories. 3rd June

SAVE THE DATE - SUNDAY 29th JUNE – PTA SUMMER EVENT

PE LESSONS this half term are as follows.....

Hedgehog Class – Monday and Friday

Fox Class – Tuesday & THURSDAY

(gymnastics)

Deer Class – Thursday & Friday (swimming)

Please can children come to school in their PE kits on these days. Please send PE kits in to keep on the pegs for Hedgehogs as changing time is a good opportunity to develop independence skills

PLEASE ENSURE ALL HEDGEHOG CHILDREN HAVE THEIR PE KITS IN SCHOOL FOR USE ON MONDAYS AND FRIDAYS.

Golden Apple Awards 2025

The Golden Apple Awards are back for 2025, celebrating the very best in education across Cumbria. These awards are a fantastic opportunity to recognise the people who make a real difference in our schools and communities.

We've been fortunate in recent years to receive nominations across our three schools, including Winnie's well-deserved award for Outstanding Contribution and Clifton being voted Best Primary School. These moments are a reminder of the dedication and passion shown by so many staff, children, and families every day—not just in our schools, but throughout the county.

There are 13 award categories this year (listed below - closing date 27th May), and nominations are open to everyone. If you know someone—whether in our schools, a local nursery, or another setting—who you believe deserves recognition, we'd love you to consider putting their name forward.

Let's celebrate the great work happening across Cumbria!

1. Best Early Years Provider
2. Best Primary School
3. Best Secondary School (*sponsored by Carlisle College*)
4. Best Support Staff
5. Best Education Professional Newcomer (*sponsored by Carlisle College*)



6. Best Teaching Professional (*sponsored by the University of Cumbria*)
7. Best Education and Learning Leader
8. Best Student (*sponsored by Cumbria Education Trust*)
9. Best Apprentice/Graduate
10. Best Inclusion Initiative (*sponsored by BAE*)
11. Best Industry Engagement
12. Against All Odds (*sponsored by NRL*)
13. Specialist Provision Provider

Outdoor Learning

Next half term it will be Deer Class and Hedgehog Class who do Outdoor Learning on Wednesday afternoons.

Wednesday 21st May – Hedgehog Class

Please send a complete set of suitable clothing including **wellies** and ensure all items are labelled with your child's name.

Please be aware that shorts are not acceptable clothing for Outdoor Learning. The children are outside for a long period of time and the weather can be wet and cold. It can also be a health and safety risk when children are around fires and in nature with nettles/brambles etc.

Spring Term Clubs

Girls Football/Netball Club (alternate weeks) – Years 2-6 on Fridays (3.30-4.30) with Alistair Tallentire and Miss Simpson.

Miss Wilson & Mrs Chalmers will be running a Baking Club on 3.30-4.30 Tuesdays after Half Term (not the 8th July) Numbers are strictly limited so please email c.wilson@clifton.cumbria.sch.uk to book a place.

Mrs Davies is running a Nature Club on Thursday lunchtimes.

Nature club had a marvellous time pond dipping in the school pond on Thursday. We observed lots of tadpoles, a couple of water beetles and some little water bugs. We were watched by our resident frog!



Dates for the Diary

19th May – Walk to School Week

Tuesday 20th May – Sports Day @ 1.00pm

21st May – Swimming Gala

Thursday 22 May – Sleepover for Rec, Y1 & Y2

Friday 23 May – Beacon walk and cinema for Rec, Y1 & 2

3rd June – Sponsored Walk

4th June – Hedgehog visit to North West Sheep Show

3rd June – PTA Bags to Schools collection

6th June – Class Photographs

10th June – Dodgeball Final

17th June – Sponsored Walk Reserve
 18th June – KS1 Multi Sports
19th June – Aquathlon for Year 6 @ Lazonby Pool
 SUNDAY 29th June – PTA Summer Event SAVE THE DATE
 2nd July – Deer Class Summer Play
 Thursday 3rd July – Move Up Day
 4-10 July – Adventure Week
 8th July – Y3/4 Cricket
 9-10th July – Year 3/4 Camp
 Wednesday 16th July – Year 6 Leaver’s Celebration
 Friday 18th July – Talent Show & end of term

Separate letters are sent for all sporting events and trips

TERM DATES FOR THE YEAR AHEAD

School term and half term dates for 2024/2025

Term	Start of term	Half term	End of term
Summer	Tuesday 22 April 2025	Monday 26 May to Friday 30 May 2025	Friday 18 July 2025

Remember you can keep up to date with events and photos on our Friends of Clifton Primary School Facebook page so please join if you have not already.

If you have any questions or feedback, please do not hesitate to contact us.

Nikki Brabant, Tasha Coutts & the Clifton Team